ABSTRACT OF THE DISCLOSURE

An optical head apparatus comprises a head unit for irradiating an optical disk with a light beam for recording or reproducing data, a holder for fixing the head unit thereto, a support unit for movably supporting the holder in a radial direction of the optical disk, a support member fixed to the holder, a rack unit movably engageable with the support member within a predetermined range and having a rack along a moving direction of the holder, a gear meshing with the rack of the rack unit, so as to transmit rotating force of a drive source to the rack, and an urging unit for urging the rack unit against the support member in such a manner that the rack meshes with the gear by a predetermined resilient force.